

Caregivers Project for Renewal

CareGivers Renewal Course

The **CareGivers Renewal Course** is a 2-1/2-day opportunity to discover renewal for yourself and for your career... **forever**.

This course is specially designed for professional and volunteer caregivers who deal with the issues of burnout on a daily basis. The course honors caregivers and provides a set of tools with which they can generate renewal for themselves and others in the face of any circumstances. The effects of the course are immediate, powerful, and lasting.

The promises of this course are that participants will be able to:

- **Provide individual support** for colleagues, clients, and families who are dealing with issues resulting from burnout.
- **Reinterpret the meaning of the problems and upsets of daily life** in a way that creates occasions for service and self-nurturing.
- **Create peace** for themselves and others regardless of the circumstances.

Participants in this course have included social workers, nurses, doctors, teachers, emotional and physical support volunteers, hospital and agency administrators, trainers, and family caregivers for aging parents, chaplains and clergy, among others.

The course is limited to 30 participants; registration is on a first-come, first-serve basis. The cost of the course is \$425. Payment may be made by check, credit card (VISA/MasterCard only) or PayPal. If you've attended this course in the past, please contact Liz Allen to volunteer or enroll at a special rate.

To register, visit <http://www.caregiversrenewalproject.org> or contact Liz Allen by phone at (608) 251-5897 or via email, LizAllen@CareGiversRenewalProject.org.

CAREGIVERS RENEWAL COURSE CHICAGO

September 21 – 23, 2012

Friday, 3 – 8 p.m., Saturday and Sunday, 9 a.m. - 8 p.m.

The **CareGivers Project** is approved for 20 contact hours by the **California Board of Nursing** (Provider #08656) and the **National Board for Certified Counselors** (Provider #5374)
A Reiki 1 certificate for 4 contact hours will also be earned from Susan Maccoy, a NCBTM Approved Continuing Education Provider (451889-12)

www.caregiversrenewalproject.org